



PROTEA EMMAUS

2018



Pilgrim to complete

Preferred Name <small>(we must call you)</small>			
First Name			
Last Name			
Gender	M / F	Birthday	YYYY / MM / DD ____ / ____ / ____
Cell number	____ - ____ - ____		
E-mail address			
Landline	____ - ____ - ____		
Language	English / Afrikaans / other		
Church			

Medical conditions <small>(E.g. hearing, handicap, snoring etc.)</small>	
Special dietary needs <small>(E.g. diabetes or food allergies etc.)</small>	
Contact details of close family members / friends in case required.	
Name	Cell Number

Pilgrim signature: _____ Date: ____/____/____

Minister / Pastor to complete

I support this application to attend a "Walk to Emmaus"

Minister's Name: _____

_____ Email: _____

Signature: _____ Date: ____/____/____

Spiritual Sponsor to complete. *I accept the commitment detailed on the overleaf.*

Name: _____

_____ Email: _____

Signature _____ Date: ____/____/____

Church: _____ I was on Walk No: _____

Please email completed form, proof of deposit and Pilgrim photo to Registrar at registrar@protea-emmaus.org.za
Fees for March 2018 walks: Full Fee R 1,300; Deposit: R 800 (on application) + R 500 (by end January 2018)

What is a Walk to Emmaus?

In Luke 24 we read the story of the risen Christ appearing to two who were walking from Jerusalem to Emmaus. He explained the Scriptures and their hearts were warmed. Their eyes were only fully opened to recognise Him when Christ took bread, blessed and broke it, then gave it to them. Filled with joy they rushed back to Jerusalem to share the news with the other disciples.

This story provides the image for Emmaus. The Emmaus movement came to Southern Africa in 1990 from the United Methodist Church in the USA. The movement is true to Protestant theology, with some Methodist emphases, but is ecumenical in practice.

The Purpose of Emmaus

Emmaus aims to inspire, challenge and equip local church members for Christian action in their homes, churches and places of work. It provides a means by which we can grow together in love, grace and servant-hood as members of the Body of Christ.

What happens at Emmaus?

The "Walk to Emmaus" is a 72-hour experience (Thursday evening to Sunday evening). This time is spent studying, discussing, worshipping and living together at a suitable retreat centre. Fifteen talks, delivered by clergy and laity, form the basis of discussions and projects. These present the themes of God's Grace and how grace comes alive in the Christian Community and expresses itself in the world. You will have the opportunity to celebrate Holy Communion daily and begin to understand more fully the presence of Christ in the body of his believers. The prayers and acts of love of a living support community enhance this experience.

What happens after a "Walk to Emmaus"?

One of the primary strengths of Emmaus is the follow up. Your weekend lasts three days, but you are invited to build on it for the rest of your life by expanding your spiritual life through study and congregational participation, and becoming more active as a disciple of Christ in the world through your home church. To nurture this discipleship, Emmaus offers specific opportunities:

- ✓ A small "reunion group" that meets weekly to maintain spiritual accountability;
- ✓ Regular Community gatherings for fellowship & worship;
- ✓ Opportunities and training to support & participate in leading future "Walks".

Who should go to Emmaus?

Emmaus is for Christians who are leaders or have the potential to become leaders in their local Church and are open to experience the grace and love of God in new ways. It is for those who will be committed to make a difference as a result of this experience. Emmaus is not for people who are undergoing an emotional crisis or are looking for another "spiritual high".

How to apply to participate in Emmaus

The attached form needs to be completed and signed by **all of the following** if it is to be considered:

1. **The Applicant**
2. **The Spiritual Sponsor.** This is someone who has already attended a Walk to Emmaus and will undertake to explain the weekend, pray for the participant and assist in practical requirements.
3. **The Applicant's own Minister or Pastor** in order to be in submission to the home church. (If a minister or pastor requires more details, the Emmaus Spiritual Director - see back page - can be contacted.)

Fees for March 2018 walks: Full Fee R 1,300; Deposit: R 800 (R 800 + R 500)

Banking Details: Account: Protea Emmaus, Standard bank, **Branch:** Northgate (001106). Reference = #125/6 Name Surname Pilgrim

Account number: 20-240-679-2. **Reference:** Pilgrim Name and Surname

Important Notes:

1. Pilgrim acceptance for a walk is dependent on submission of completed form accompanied by *proof of deposit*.
2. 42 men or women can be accommodated on any one weekend, preference is given to people from churches within the Protea Community area.

Requirements for Sponsorship

Sponsorship does not involve paying for participants (although in some cases this might apply), but rather ensuring that they derive most spiritual benefit from the Walk. This is a commitment that should not be taken lightly and can only be fulfilled by someone who has been on a "Walk to Emmaus". It involves, among other things:

Selection of suitable Applicants:

This should be done prayerfully and in consultation with your reunion group and the relevant minister or pastor, to ascertain that this applicant will benefit from a "Walk to Emmaus" and is at present spiritually and emotionally suitable for this. Don't simply sponsor "nice people", friends or family that you want to go.

Support for the Walk, before and after:

You undertake to:

- ✓ Pray for this applicant;
- ✓ Discuss the Walk with his/her family/friends for appropriate support and encouragement and care for them over the period of the Walk;
- ✓ Arrange for transport to the Walk;
- ✓ Participate yourself in activities that make the weekend a special blessing;
- ✓ Help the applicant attend follow-up activities after the walk.

Protea Emmaus Community Information

Community Spiritual Director : spiritualdirector@protea-emmaus.org.za

Community Lay Director : laydirector@protea-emmaus.org.za

Web Site: <http://www.protea-emmaus.org.za>

Dates of Walks to Emmaus Men and Ladies

Men # 125 1 – 4 March 2018 at Cyara # 127 September 2018 TBC

Ladies # 126 15 – 18 March 2018 at Cyara # 128 September 2018 TBC